Practice Tests: 7 dos and don'ts

Take practice tests regularly with enough time in between to review and master new concepts.

Don't take multiple practice tests in succession in a short period of time.

Get **good rest** the night before.

Don't behave differently because it's only a practice test.

Start your practice test as close to the time that you would take your real test.

Don't start your practice test after an exhausting day or late at night.

Follow the testing time table including scheduled breaks.

Don't pause the clock during a section or take long breaks between sections
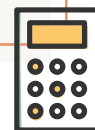
Take the test in a **comfortable environment** with minimal distractions and silence your phone.

Don't take the test where you are likely to be easily distracted.

Use tools that are approved for test day.

Don't use unauthorized tools, such as a pen or a cellphone calculator.

Reflect on your experience and **celebrate your wins** after you complete your test.

Don't focus solely on the score.

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